



Dear Clients and Parents,

We are writing you to tell you about precautions we are taking in the office to protect all clients and staff from COVID-19. When mentioning teletherapy, we will be able to provide phone and video sessions for clients. Please be advised that children under 10 may need additional flexibility and it may be more supportive for the child if a parent session is conducted. Please reach out to us by phone at 301-869-1017 ext. 1 or by email at info@expressivetherapycenter.com if you have any questions.

1. Please contact us prior to coming into the office if you are exhibiting any symptoms of an acute respiratory illness symptoms (i.e. cough, shortness of breath) or have a fever within the previous 24 hours. Teletherapy can be provided for those who wish to continue sessions without entering the office.
2. Please do not come to the office until you are free from fever (100.4° F [37.8° C] or greater), signs of a fever, and any other symptoms for at least 48 hours, without the use of fever-reducing or other symptom-altering medicines.
3. We will NOT charge a late cancellation fee if you become ill within our 24-hour cancellation policy (**but you must call, email, or message us at least ONE HOUR PRIOR to the appointment**, we cannot waive the fee for no-shows). Teletherapy sessions will be available.
4. If you come to session and are exhibiting signs of illness, we will politely reschedule your session for another day once signs of illness have subsided. Teletherapy will be offered as an alternative to an in-person session if this occurs.
5. We will provide teletherapy if needed or preferred. Please sign and return the Expressive Therapy Center Teletherapy Consent Form so we can have it on file.
 - a. Forms are available through our main office and your therapist via the TherapyNotes Patient Portal. Please contact your therapist or info@expressivetherapycenter.com. if you wish to obtain a hard copy of the consent form, it is available in office as well.
6. For those who wish to maintain in person sessions, hand sanitizer is readily available and it is required that all who enter the facility wash their hands or use hand sanitizer before going into session.
7. Expressive Therapy Center will continue sanitizing all rooms and surfaces to ensure safety.

Please remember that there are people who come through the office that are immunocompromised. We want to do our best to ensure the safety of all.

