



Expressive  
Therapy Center

# Xpress Yourself Social Skills Camp

For Children Entering Pre-K through 8th Grade



Camp attendees will be involved in a number of therapeutic activities that include such topics as:

- Problem Solving
- Organizational Skills
- Conflict Resolution
- Reading Verbal & Non-verbal cues
- Self-esteem building
- Bully Busting
- Expressing Feelings
- Making & Keeping Friends

### Social Skills Groups

Monday - Friday

**Session I:**

July 9th - July 13th

**Session II:**

July 16th - July 20th

Groups utilize developmentally appropriate activities that include:

- Role Playing
- Relaxation Techniques
- Music
- Art & Games
- Traditional Therapeutic Approaches

**Daily Time:**

10am - 1:30pm

*\*Before & After Care Available*

**Cost:**

\$385 + \$20 Materials Fee

*\*May be insurance reimbursable*

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